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## WHAT IS CLAIMED IS:

- A pharmaceutical dosage form comprising (a) at least one agent effective in treatment of sexual dysfunction having a molecular weight, excluding counterions, not greater than 250, in a therapeutically or sexual-stimulatorily effective total amount, and (b) at least one pharmaceutically acceptable excipient; the dosage form being adapted for delivery by a route of administration that entails interaction with the organs of taste yet having acceptable organoleptic properties.
- The dosage form of Claim 1 wherein the at least one agent has a molecular
  weight, excluding counterions, not greater than 235.
  - The dosage form of Claim 1 wherein the at least one agent has a molecular weight, excluding counterions, not greater than 220.
  - The dosage form of Claim 1 wherein the at least one agent has a solubility in water at 20-25°C of at least about 10 g/l.
  - The dosage form of Claim 1 wherein the at least one agent is a compound having the formula

wherein X is O or S; or a pharmaceutically acceptable salt thereof.

- The dosage form of Claim 1 wherein the total amount of the at least one agent per dose is lower than an amount causing significant side-effects.
  - The dosage form of Claim 1 wherein the therapeutic agent is sumanirole or a salt thereof and is present in an amount of about 0.05 mg to about 5 mg per dose.
  - The dosage form of Claim 1 wherein the therapeutic agent is (R)-5,6-dihydro-5-(methylamino)-4H-imidazo[4,5-ij]-quinoline-2(1H)-thione or a salt thereof and is present in an amount of about 0.05 mg to about 5 mg per dose.

- The dosage form of Claim 8 wherein the therapeutic agent is present in an amount of about 0.1 to about 3 mg per dose.
- The dosage form of Claim 1 that is adapted for a route of administration selected from oral, buccal, sublingual, nasal and tracheal routes.
- 5 11. The dosage form of Claim 1 that is selected from
  - (a) buccal and sublingual tablets;
  - (b) mucoadhesive films;
  - (c) oral strips;
  - (d) chewable tablets;
- (e) rapidly disintegrating oral dosage forms;
  - (f) lozenges and pastilles;
  - (g) breath-fresheners;
  - (h) chewing gums;
  - (i) lollipops and popsicles;
- 15 (j) food adjuncts;
  - (k) candies and chocolates;
  - (l) periodontal gels;
  - (m) mouthwashes;
  - (n) oral and nasal drops and sprays;
  - (o) dosage forms adapted for inhalation as an aerosol or vapor;
  - (p) elixirs, solutions, suspensions and other orally administered liquid dosage forms;
  - (q) powders, granules and tablets for dissolution or dispersion in water prior to oral administration; and
- 25 (r) effervescent tablets and granules.
  - 12. The dosage form of Claim 1 that is adapted for discreet self-administration.
  - 13. The dosage form of Claim 1 that is adapted for nasal administration.
  - 14. The dosage form of Claim 13 that is formulated as a nasal spray solution.
- The dosage form of Claim 1 that is adapted for oral, buccal or sublingual
  administration.

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- The dosage form of Claim 15 that dissolves in the mouth without need for drinking water or other fluid.
- 17. The dosage form of Claim 15 that is a breath-freshening pastille.
- 18. The dosage form of Claim 15 that is a chewing gum.
- 5 19. The dosage form of Claim 15 that is a sublingual tablet.
  - 20. The dosage form of Claim 15 that is a mucoadhesive film.
  - 21. The dosage form of Claim 15 that is an oral strip.
  - 22. The dosage form of Claim 15 that is an oral fast-melt tablet.
  - 23. A pharmaceutical dosage form comprising (a) a therapeutically or sexualstimulatorily effective amount of about 0.1 mg to about 10 mg per dose of a therapeutic agent that comprises at least one compound of formula

or a pharmaceutically acceptable water-soluble salt thereof, said compound or salt thereof being water-soluble, wherein

- R<sup>1</sup>, R<sup>2</sup> and R<sup>3</sup> are the same or different and are H, C<sub>1-6</sub> alkyl (optionally phenyl substituted), C<sub>3-5</sub> alkenyl or alkynyl or C<sub>3-10</sub> cycloalkyl, or where R<sup>3</sup> is as above and R<sup>1</sup> and R<sup>2</sup> are cyclized with the attached N atom to form pyrrolidinyl, piperidinyl, morpholinyl, 4-methylpiperazinyl or imidazolyl groups;
- 20 X is H, F, Cl, Br, I, OH, C<sub>1-6</sub> alkyl or alkoxy, CN, carboxamide, carboxyl or (C<sub>1-6</sub> alkyl)carbonyl;
  - A is CH, CH<sub>2</sub>, CHF, CHCl, CHBr, CHI, CHCH<sub>3</sub>, C=O, C=S, CSCH<sub>3</sub>, C=NH, CNH<sub>2</sub>, CNHCH<sub>3</sub>, CNHCOOCH<sub>3</sub>, CNHCN, SO<sub>2</sub> or N;
  - B is CH, CH<sub>2</sub>, CHF, CHCl, CHBr, CHI, C=O, N, NH or NCH<sub>3</sub>, and n is 0 or 1; and

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## D is CH, CH<sub>2</sub>, CHF, CHCl, CHBr, CHI, C=O, O, N, NH or NCH<sub>3</sub>;

- and (b) one or more pharmaceutically acceptable excipients; the dosage form being adapted for delivery by a route of administration that entails interaction with the organs of taste yet having acceptable organoleptic properties.
- 5 24. The dosage form of Claim 23 wherein the water-soluble compound or salt thereof has a solubility in water at 20-25°C of at least about 10 g/l.
  - The dosage form of Claim 23 wherein the water-soluble compound or salt thereof is disclosed generically or specifically in U.S. Patent No. 5,273,975.
- The dosage form of Claim 23 that is adapted for a route of administration
  selected from oral, buccal, sublingual, nasal and tracheal routes.
  - 27. The dosage form of Claim 23 that is selected from
    - (a) buccal and sublingual tablets;
    - (b) mucoadhesive films;
    - (c) oral strips;
- 15 (d) chewable tablets;
  - (e) rapidly disintegrating oral dosage forms;
  - (f) lozenges and pastilles;
  - (g) breath-fresheners;
  - (h) chewing gums;
  - (i) lollipops and popsicles;
    - (i) food adjuncts;
    - (k) candies and chocolates;
    - (l) periodontal gels;
    - (m) mouthwashes;
- (n) oral and nasal drops and sprays;
  - (o) dosage forms adapted for inhalation as an aerosol or vapor;
  - (p) elixirs, solutions, suspensions and other orally administered liquid dosage forms;
  - (q) powders, granules and tablets for dissolution or dispersion in water prior to oral administration; and
  - (r) effervescent tablets and granules.

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- 28. The dosage form of Claim 23 that is adapted for discreet self-administration.
- 29. The dosage form of Claim 23 that is adapted for nasal administration.
- 30. The dosage form of Claim 29 that is formulated as a nasal spray solution.
- 31. The dosage form of Claim 23 that is adapted for oral, buccal or sublingual administration.
  - The dosage form of Claim 31 that dissolves in the mouth without need for drinking water or other fluid.
  - The dosage form of Claim 31 that is a breath-freshening pastille.
  - 34 The dosage form of Claim 31 that is a chewing gum.
- 10 35. The dosage form of Claim 31 that is a sublingual tablet.
  - 36. The dosage form of Claim 31 that is a mucoadhesive film.
  - 37. The dosage form of Claim 31 that is an oral strip.
  - 38. The dosage form of Claim 31 that is an oral fast-melt tablet.
  - 39. A method of treating sexual dysfunction in a subject comprising intraoral administration of a dosage form of Claim 1 to the subject, less than about 1 hour prior to sexual activity.
    - A method of treating sexual dysfunction in a subject comprising intraoral 40. administration of a dosage form of Claim 23 to the subject, less than about 1 hour prior to sexual activity.
- 20 41. A method of enhancing sexual desire, interest or performance in a subject comprising intraoral administration of a dosage form of Claim 1 to the subject. less than about 1 hour prior to sexual activity.
  - A method of enhancing sexual desire, interest or performance in a subject 42. comprising intraoral administration of a dosage form of Claim 23 to the subject,
- 25 less than about I hour prior to sexual activity.